

Shepherd School District #37

September Breakfast Menu 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Bar Fruit Juice MILK - Variety	2 Danish Fruit Juice MILK - Variety
5 NO SCHOOL TODAY	6 French Toast Sticks Sausage Links Fruit Juice MILK - Variety	7 Bacon and Egg Sandwich Fruit Juice MILK - Variety	8 Cereal Cheese Stick Fruit Juice MILK - Variety	9 Scones Fruit Juice MILK - Variety
12 Biscuits and Gravy Fruit Juice MILK - Variety	13 Breakfast Bar Fruit Juice MILK - Variety	14 Bagel CREAM CHEESE Fruit Juice MILK - Variety	15 Cereal Fruit Juice MILK - Variety	16 Sausage and Egg Mc Fruit Juice MILK - Variety
19 Pop Tart Fruit MILK - Variety Juice	20 Tornados Fruit Juice MILK - Variety	21 Cereal Fruit Juice MILK - Variety	22 Muffin Fruit Juice MILK - Variety	23 Cinnamon Rolls Fruit Juice MILK - Variety
26 Breakfast Bar Fruit Juice MILK - Variety	27 French Toast Sticks Sausage Links Fruit Juice MILK - Variety	28 Sausage and Pancake Fruit Juice MILK - Variety	29 Cereal Cheese Stick Fruit Juice MILK - Variety	30 Breakfast Pizza Fruit Juice MILK - Variety

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.