

Shepherd School District #37

January Breakfast 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL TODAY	3 Breakfast Bar Fruit Juice MILK - Variety	4 Supreme Omelet Fruit Juice MILK - Variety	5 Cereal Fruit Juice MILK - Variety	6 Muffin Fruit Juice MILK - Variety
9 Early Riser Fruit Juice MILK - Variety	10 Danish Fruit Juice MILK - Variety	11 Cereal Fruit Juice MILK - Variety	12 French Toast Sticks Fruit Juice MILK - Variety	13 Breakfast Bar Fruit Juice MILK - Variety
16 Bacon and Egg Sandwich Fruit Juice MILK - Variety	17 Bagel CREAM CHEESE Fruit Juice MILK - Variety	18 Sausage and Egg Sandwich Fruit Juice MILK - Variety	19 Cereal Fruit Juice MILK - Variety	20 Sausage and Pancake Fruit Juice MILK - Variety
23 Muffin Fruit Juice MILK - Variety	24 Biscuits and Gravy Fruit Juice MILK - Variety	25 Cereal Fruit Juice MILK - Variety	26 Supreme Omelet Fruit Juice MILK - Variety	27
30 Early Riser Fruit Juice MILK - Variety	31 Danish Fruit Juice MILK - Variety			

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.