

Shepherd School District #37

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January

Nov 19, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
6 Corn Dog Chef's Salad MILK - Variety	7 Pork Chop Sandwich Chef's Salad MILK - Variety	8 Oven Fried Chicken Chef's Salad MILK - Variety	9 TURKEY SANDWICH Bean with Bacon Soup Chef's Salad MILK - Variety	10 Pizza rolls Chef's Salad MILK - Variety
13 Hamburgers French Fries Chef's Salad MILK - Variety	14 Steak Rice Chef's Salad MILK - Variety	15 Grilled Cheese Sandwich Tomato Soup Chef's Salad MILK - Variety	16 Chicken Nuggets Chef's Salad MILK - Variety	17 Supreme Galaxy Pizza Chef's Salad MILK - Variety
20 Chrispitos Chef's Salad MILK - Variety	21 Soft Shell Tacos Chef's Salad MILK - Variety	22 Chicken Alfredo Bread Sticks Chef's Salad MILK - Variety	23 Chili Cinnamon Rolls Chef's Salad MILK - Variety	24 Fish Patty Sandwich Chef's Salad MILK - Variety
27 Ham and Potato Bake Bread Sticks Chef's Salad	28 BBQ Pork Rib Sandwich Chef's Salad MILK - Variety	29 Sausage and Egg McMuffin Chef's Salad MILK - Variety	30 Turkey & Gravy Mashed Potatoes Green Bean Casserole Chef's Salad MILK - Variety	31 Bean Burrito Chef's Salad MILK - Variety

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.