

Shepherd School District #37

September Lunch 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL TODAY	3 Corn Dogs 5 Star Salad Bar Fruit MILK - Variety	4 Oven Fried Chicken 5 Star Salad Bar Fruit MILK - Variety	5 Hamburgers 5 Star Salad Bar Fruit MILK - Variety	6 Chrispitos 5 Star Salad Bar Fruit MILK - Variety
9 Pulled Pork Sandwich 5 Star Salad Bar Fruit MILK - Variety	10 Nacho Surprise 5 Star Salad Bar Fruit MILK - Variety	11 Ham Sandwich Chicken Noodle Sou 5 Star Salad Bar Fruit MILK - Variety	12 Ravioli 5 Star Salad Bar Fruit MILK - Variety	13 Chicken Patty Sandwich 5 Star Salad Bar Fruit MILK - Variety
16 Biscuits and Gravy Hash Brown 5 Star Salad Bar Fruit MILK - Variety	17 Chicken Fajitas 5 Star Salad Bar Fruit MILK - Variety	18 Meatball Subs 5 Star Salad Bar Fruit MILK - Variety	19 Steak Rice 5 Star Salad Bar Fruit MILK - Variety	20 Pizza Cheese Pizza pepperoni 5 Star Salad Bar Fruit MILK - Variety
23 NO SCHOOL TODAY	24 Soft Shell Taco 5 Star Salad Bar Fruit MILK - Variety	25 Chicken Strips Mac & Cheese BAKED BEANS 5 Star Salad Bar Fruit MILK - Variety	26 Pizza Sticks 5 Star Salad Bar Fruit MILK - Variety	27 Chili Cinnamon Rolls 5 Star Salad Bar Fruit MILK - Variety
30 Hot Dog 5 Star Salad Bar Fruit MILK - Variety				

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.