

Shepherd School District #37

SEPTEMBER BREAKFAST MENU 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL TODAY	2 Breakfast Bar Fruit Juice MILK - Variety	3 Cereal Fruit Juice MILK - Variety	4 Tornados Fruit Juice MILK - Variety	5 Donut Fruit Juice MILK - Variety
8 Breakfast Bar Fruit Juice MILK - Variety	9 Waffle Fruit Juice MILK - Variety	10 Cereal Fruit Juice MILK - Variety	11 Early Riser Fruit Juice MILK - Variety	12 Muffin Fruit Juice MILK - Variety
15 Breakfast Bar Fruit Juice MILK - Variety	16 Bagel Fruit Juice MILK - Variety	17 Cereal Fruit Juice MILK - Variety	18 PANCAKES Fruit Juice MILK - Variety	19 Donut Fruit Juice MILK - Variety
22 NO SCHOOL TODAY	23 Sausage and Pancake Fruit Juice MILK - Variety	24 Cereal Fruit Juice MILK - Variety	25 Early Riser Fruit Juice MILK - Variety	26 Muffin Fruit Juice MILK - Variety
29 Breakfast Bar Fruit Juice MILK - Variety	30 Bagel Fruit Juice MILK - Variety			

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.