## Shepherd School District #37 MARCH BREAKFAST MENU 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Breakfast Bar	Early Riser	Cereal	Sausage and Pancake	Muffin
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety
10	11	12	13	14
Breakfast Bar	Bagel	Cereal	Tornados	Donut
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety
17	18	19	20	21
Breakfast Bar	Waffle	Cereal	Early Riser	Danish
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety
24	25	26	27	28
Breakfast Bar	PANCAKES	Cereal	Bagel	Muffin
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety
31				
Breakfast Bar				
Fruit				
Juice				
MILK - Variety				

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient. \* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.