## Shepherd School District #37 FEBRUARY BREAKFAST MENU 2025

| Fruit Juice MILK - Variety  10  11  Breakfast Bar Fruit Juice MILK - Variety  17  18  Breakfast Bar PA                                     | arly Riser ruit ice ILK - Variety  ornados ruit ice ILK - Variety | 5 Cereal Fruit Juice MILK - Variety  12 Cereal Fruit Juice | 6 Sausage and Pancake Fruit Juice MILK - Variety  13 Bagel Fruit | 7 Muffin Fruit Juice MILK - Variety  14 Donut Fruit |
|--|---|--|--|---|
| Fruit Juice Jui MILK - Variety  10  11  Breakfast Bar Fruit Juice MILK - Variety  MILK - Variety  MILK - Variety  17  18  Breakfast Bar PA | ruit iice ILK - Variety ornados ruit iice                         | Fruit Juice MILK - Variety  12 Cereal Fruit                | Fruit Juice MILK - Variety  13  Bagel Fruit                      | Fruit Juice MILK - Variety  14  Donut Fruit         |
| Juice MILK - Variety  MI  10  11  Breakfast Bar Fruit Juice MILK - Variety  MI  17  18  Breakfast Bar PA                                   | ice ILK - Variety  ornados uit ice                                | Juice<br>MILK - Variety  12  Cereal Fruit                  | Juice MILK - Variety  13  Bagel Fruit                            | Juice<br>MILK - Variety  14  Donut Fruit            |
| MILK - Variety  MI  10  11  Breakfast Bar Fruit Juice MILK - Variety  MI  17  18  Breakfast Bar PA   | ILK - Variety<br>ornados<br>ruit<br>ice                           | MILK - Variety  12  Cereal Fruit                           | MILK - Variety  13  Bagel Fruit                                  | MILK - Variety  14  Donut Fruit                     |
| 10 11 Breakfast Bar To Fruit Fruit Juice Jui MILK - Variety MI  17 18 Breakfast Bar PA   | ornados<br>uit<br>ice   | 12<br>Cereal<br>Fruit                                      | 13 Bagel Fruit   | 14 Donut Fruit                                      |
| Breakfast Bar To Fruit Fr: Juice Jui MILK - Variety MI  17 18 Breakfast Bar PA   | ornados<br>ruit<br>ice  | Cereal<br>Fruit  | Bagel<br>Fruit   | Donut<br>Fruit                                      |
| Fruit Fruit Juice Jui MILK - Variety MI  17 18  Breakfast Bar PA   | ruit<br>iice  | Fruit  | Fruit  | Fruit   |
| Juice Juine MILK - Variety MI  17 18  Breakfast Bar PA   | ice   |  |  |   |
| MILK - Variety MI  17 18 Breakfast Bar PA  |   | Juice  | Turing   |   |
| 17 18 Breakfast Bar PA   | ILK - Variety   |  | Juice  | Juice   |
| Breakfast Bar PA   | in the second   | MILK - Variety   | MILK - Variety   | MILK - Variety                                      |
|  | 1   | 19   | 20   | 21  |
| Fruit Fr   | ANCAKES   | Cereal   | NO SCHOOL TODAY  | NO SCHOOL TODAY                                     |
| Truit  | ruit  | Fruit  |  |   |
| Juice Jui  | ice   | Juice  |  |   |
| MILK - Variety MI  | ILK - Variety   | MILK - Variety   |  |   |
| 24 25  |   | 26   | 27   | 28  |
| Breakfast Bar Wa   | affle   | Cereal   | Bagel  | Tornados  |
| Fruit Fr   | ruit  | Fruit  | Fruit  | Fruit   |
| Juice Jui  | ice   | Juice  | Juice  | Juice   |
| MILK - Variety MI  | ILK - Variety   | MILK - Variety   | MILK - Variety   | MILK - Variety                                      |

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient. \* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.